



Pub Menu

**Coffee, Tea, hot chocolate & juice will be available:
Sat at 8:00 a.m. & Sun at 9:00 a.m.**

Lunch served from 11:30 – 3:00 each day

GALLOPING GOOSE SAVORY CHICKEN SAUSAGE

On locally baked Irene's Bakery 7grain buns, topped with caramelized onion aioli, lettuce and tomato. Served with local mixed greens and raspberry honey vinaigrette.

\$10.95

HERB AND GARLIC TOASTED COWICHAN BAY CHICKEN PASTA SALAD

Pasta tossed with sundried tomato vinaigrette and fresh vegetables topped with local roasted herb chicken, garnished with cucumber and cherry tomato.

Packed into a bio-degradable corn based box.

\$9.95

OPEN FACED PORTOBELLO MUSHROOM MELT

Grilled Portobello mushroom topped with spinach, sliced tomato, swiss cheese and caramelized onion aioli on toasted multigrain artisan ciabatta.

Served with local mixed greens and raspberry honey vinaigrette.

\$9.95

SOOKE OCEAN WISE RAINBOW TROUT TACO

Oven smoked rainbow trout in a light grilled tortilla, with local greens, fresh tomato salsa and a lemon and cumin fraiche. Served with local mixed greens and raspberry honey vinaigrette.

\$10.95

RUSTIC ROOT VEGETABLE MEDLEY

Potatoes, carrots, celery, yams, fennel, onions and celery root all simmered in a rich aromatic vegetable broth finished with fresh rosemary, tarragon and thyme.

\$4.00

** A fantastic variety of healthy beverages and snacks will also be available**